

## ASSESSMENT

Upper Limb Spasticity: \_\_\_\_\_

Extent:

Focal:

Regional:

Generalised:

Muscles Affected: \_\_\_\_\_

Baseline Disability:

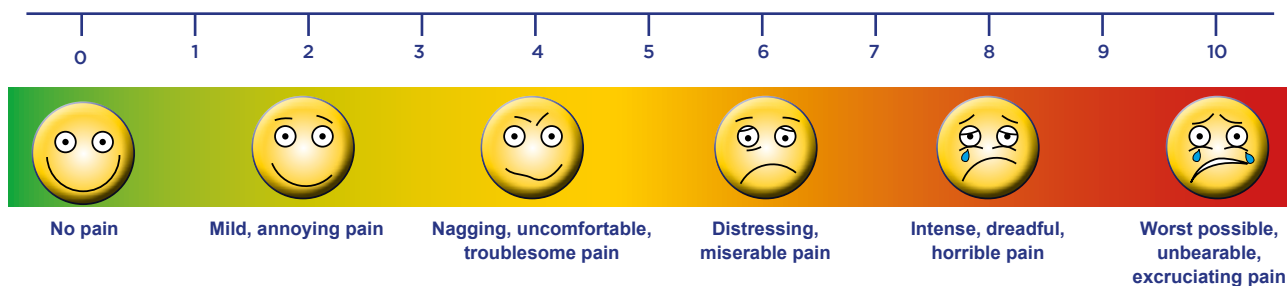
### DISABILITY ASSESSMENT SCALE <sup>1</sup>

DOMAIN	DEFINITION	SCORE
Hygiene	Extent of maceration, ulceration, and/or palmer infection: palm and hand cleanliness; ease of cleanliness; ease of nail trimming; and the degree of interference caused by hygiene-related disability in the patient's daily life	
Dressing	The difficulty or ease with which the patient could put on clothing (eg, shirts, jackets gloves) and the degree of interference caused by dressing related disability in the patient's daily life	
Limb Position	The amount of abnormal position of the upper limb	
Pain	The intensity of pain or discomfort related to upper-limb spasticity	

Score: \_\_\_\_\_

- 0 = no disability
- 1 = mild disability (noticeable but does not interfere significantly with normal activities)
- 2 = moderate disability (normal activities require increased effort and/or assistance)
- 3 = severe disability (normal activities limited)

### VISUAL ANALOGUE SCALE (VAS) FOR PAIN <sup>2</sup>



### Modified Ashworth Score (Complete for each affected area on following muscle charts)

DOMAIN	Modified Ashworth Scale <sup>3</sup>
0 =	No increase in muscle tone
1 =	Slight increase in muscle tone, with a catch and release or minimal resistance at the end of the range of motion (ROM) when the affected part(s) is moved in flexion or extension
1+ =	Slight increase in muscle tone, manifested as a catch, followed by minimal resistance throughout the remainder (less than half) of the ROM
2 =	A marked increase in muscle tone through most of the ROM, but affected part(s) are still easily moved
3 =	Considerable increase in muscle tone, passive movement difficult
4 =	Affected part(s) rigid in flexion or extension

REFERENCES: 1. Fujimura K, Kagaya H, et al. Improvement in Disability Assessment Scale after Botulinum toxin A treatment for upper limb spasticity. *Jpn J Compr Rehabil Sci* 2017;8:4-9 doi.org/10.11336/jjcrs.8.4. 2. Operative Neurosurgery. Visual Analog Scale (VAS). [Internet]. 2016. Available from: [http://operativeneurosurgery.com/doku.php?id=visual\\_analog\\_scale](http://operativeneurosurgery.com/doku.php?id=visual_analog_scale) (Cited 19 June 2018). 3. Harb A, Kishner S. Modified Ashworth Scale. <https://www.ncbi.nlm.nih.gov/books/NBK554572/?report=printable> [Accessed April 2021]

[S4] Dysport Each vial contains 500 U of *Clostridium botulinum* type A toxin-haemagglutinin complex.

Excipients: Human albumin solution, lactose monohydrate. Reg No.: 37/30.4/0683. HCR: Acino Pharma (Pty) Ltd. Reg No.:1994/008717/07. 106, 16th Road, Midrand,1686.

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