

# PATIENT CONSENT FORM



CLOSTRIDIUM BOTULINUM TYPE A TOXIN

## WELCOME to your NEW LOOK!

**Please read the following information very carefully, complete the attached medical questionnaire honestly, and discuss the procedure and possible results thoroughly with your Physician before signing this consent form. Please note that as this is a cosmetic procedure, your health insurance may not cover the costs of the treatment itself, or of any treatments linked to any complications that may arise out of these procedures, and as a result, you will be liable for all associated costs. If you have any questions or concerns about your proposed treatment, please discuss them fully with your Physician before commencing.**

### An introduction to skin and how it changes

Your skin is the largest organ of your body and it protects you from microbes and the environment, regulating our body temperature, and facilitating the sensation of touch, heat and cold.<sup>1</sup>

Your skin changes with age, after a lifetime of sun exposure, environmental exposure and personal habits including diet and smoking, and age-related changes.<sup>2</sup>

As we age, the connective tissues in skin and cartilage get weaker, leading to looser skin that reveals expression lines more clearly.<sup>3</sup>

You may develop 'lines' (or wrinkles or furrows) as early as in your 30's that result from your facial expressions – laughing, smiling, frowning. These include horizontal lines on your forehead.<sup>2</sup>

Frown lines are the one or two deep grooves or wrinkles in the centre of your forehead, often extending down between your eyebrows and look like the number eleven. These come from contracting the muscles that make us concentrate or frown.<sup>3</sup>

Medically, these frown lines are referred to as 'glabellar lines'.<sup>4,5</sup>

Treatment results, from botulinum toxin and fillers, are better and longer lasting than creams.<sup>3</sup>

### Botulinum toxin A

Botulinum neurotoxin A injection is a simple and very effective treatment for the temporary improvement in the appearance of frown lines (glabellar lines) and crows feet (lateral canthal lines), reducing wrinkles through the transitory and reversible paralysis of treated muscles. It can be combined with other invasive and/or minimally invasive procedures such as fillers and lasers, to improve the cosmetic results. Since its approval for cosmetic use by the Food and Drug Administration, many studies and reviews have been published showing efficacy.<sup>6</sup>

The resultant effect, after a few days to a week, is a relaxing of the treated area and a reduction in the appearance of wrinkles.<sup>3,5</sup>

Wrinkles caused by sun or other environmental exposure will not respond well to botulinum toxin treatment.

Treatment is administered via injection<sup>5</sup>, with minimal pain reported.

### Dysport®

Dysport® – a Clostridium botulinum type A toxin-haemagglutinin complex is indicated in the temporary improvement of moderate to severe glabellar lines (vertical frown lines).<sup>4,5</sup>

Your Physician will prepare and administer the injection and decide where to make the injections, how much you need and when to repeat them. There should be a minimum interval of 12 weeks between treatments. When the muscle-relaxing treatment effect wears off, the muscle movements will return to the way they were before treatment.<sup>4</sup>

The effects of each treatment can be seen as early as 2 to 3 days after the injections. In some cases the effects may only be evident 5 to 6 days after treatment.<sup>5</sup>

It is possible that the effect of Dysport® may last up to 4 months, but should not be administered more frequently than every 3 months.<sup>5</sup>

Dysport® should not be used in patients with known hypersensitivity to any ingredients in the formulation, in the presence of infection or inflammation in the proposed injection sites or in patients pregnant or lactating.<sup>5</sup>

### Possible side-effects

A weakening of the muscles near the injection site may occur. Other common adverse events may include bruising or swelling at the injection site, and a burning sensation may be experienced at the time of the injection. You may also feel generalised weakness, tiredness, flu-like symptoms and less commonly, itching.<sup>4</sup>

During the treatment of frown or glabellar lines, common reactions include headache, pain, bruising, itchiness, a feeling of pins and needles, redness and skin rash. Other common side effects could be swelling of the eyelids, dry or itchy eyes, more tears than usual, twitching of the eye muscles, weakness in the muscles close to the injection site, leading to droopy upper eyelid or eye strain and facial numbness. Very occasionally side effects could include blurred or double vision, visual disturbances or disorders in eye movement, and hypersensitivity.<sup>4</sup>

If any side effects become troublesome or cause you any concern, please inform your Physician.<sup>4</sup>

## DOCTOR'S notes:

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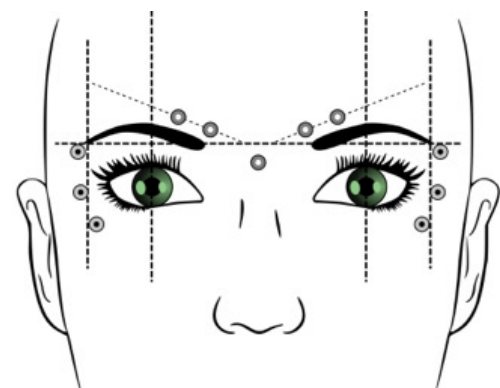
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## MY medical HISTORY

Please read the following information very carefully, complete the attached medical questionnaire honestly, and discuss the procedure. Please answer these questions carefully and thoroughly to maximise your benefit from Dysport® treatment and to prevent any unwelcome reactions.

Please tick 'yes' or 'no'		Yes	No
1.	Are you pregnant?		
2.	Are you breast feeding?		
3.	Have you had any operations in or near your face?		
4.	Have you ever had any skin chemical peels, dermabrasion, or radiation treatment? If yes, please elaborate and detail any reactions you may have had :		
5.	Have you ever had any botulinum toxin A treatment? If yes, please elaborate: _____		
6.	Do you take any medication, chronic or otherwise, or any vitamin and omega supplements? (e.g. tranquilisers, painkillers, anticoagulants, sleeping meds) Please list them:		
7.	Do you have or suffer from any of the following conditions or take medication for them? Hypertension Heart disease Diabetes Allergies (of any kind) Asthma Familial genetic disorder Nose bleeds Haematomas Coagulation disorders		
8.	Do you smoke? How many per day: _____		

This is a true and accurate account of my medical history to date.

Date: \_\_\_\_\_

Name \_\_\_\_\_

Signature \_\_\_\_\_

### Statement of consent

I have read and understood the information provided and have answered the medical questionnaire accurately. My Physician has discussed the treatment with me and I have understood the procedure and its possible consequences and side effects. I agree to abide by pre- and post-treatment instructions and recommendations. I hereby give informed consent for treatment with Dysport®.

Name \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

Doctor's Name \_\_\_\_\_ Doctor's Signature \_\_\_\_\_

References: 1.WebMd. Image Collection: Human Anatomy. [Internet]. 2014. Available from: <http://www.webmd.com/skin-problems-and-treatments/picture-of-the-skin> (accessed May 2016). 2. WebMd. The Effect of Aging on Skin. [Internet]. 2015. Available from: <http://www.webmd.com/beauty/aging/effects-of-aging-on-skin> (accessed May 2016). 3. Kushmider R. <https://www.webmd.com/beauty/what-to-know-frown-lines> [Accessed September 2022]. 4. Dysport Patient Information Leaflet February 2005. 5. Dysport Package Insert. January 2016. 6.Hexsel C, Hexsel D, et al. Botulinum toxin type A for the aging face and aesthetic uses. Dermatologic Therapy 2011;24:54-61.



[S4] Dysport Each vial contains 500 U of Clostridium botulinum type A toxin-haemagglutinin complex. Excipients: Human albumin solution, lactose. Reg No 37/30.4/0683

Acino Pharma (Pty) Ltd. Reg. no. 1994/008717/07. 106 16th Road, Midrand. 1686. LP4622 15/03/2023 Exp 15/03/2025

