

# Convulex<sup>®</sup>

CONTROL YOU CAN TRUST<sup>1-4</sup>



PATIENT CARD FOR VALPROATE:

CONTRACEPTION

AND PREGNANCY

# PATIENT CARD FOR VALPROATE:

## CONTRACEPTION

## AND PREGNANCY

### What you must know\*

- Valproate is an effective medicine for epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn child when taken during pregnancy.
- Always use effective contraception without interruption during the entire duration of treatment with valproate.
- Remember to visit your doctor at least once a year.  
\*This applies to all female adolescents and women using valproate who could become pregnant. Keep this card safe so you always know what to do.

### What you must do\*

- Ask your doctor to give you the PATIENT GUIDE. Read the guide carefully before use.
- Never stop taking valproate unless your doctor tells you to, as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you have spoken to your doctor.
- If you think you are pregnant: Schedule an urgent appointment with your doctor.  
\*This applies to all female adolescents and women using valproate who could become pregnant. Keep this card safe so you always know what to do.



Acino Pharma (Pty) Ltd., 106 16th Road, Midrand, South Africa. Tel: +27 11 516-1700. Africa | Acino. For Medical Information Enquiries kindly contact South Africa Medinfo: Medinfo\_ZA@garceralifesciences.com. Report adverse reactions to Drugsafety\_ZA@garceralifesciences.com. AP808 09/2025. Exp 09/2027.

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ALCOHOL FREE SYRUP

**Capsules:** Valproic acid

**Syrup:** Sodium valproate

**References:** 1. Peterson GM, Naunton M. Valproate: a simple chemical with so much to offer. *J Clin Pharm Therap.* 2005;**30**:417-421. 2. Pelzl G, Mamoli B. Single Daily Dose of Valproic Acid: A Pharmacodynamic and Clinical Study. *Wien Klin Wochensh.* 1992;**104**(10):286-289. 3. Vajda FJE. Valproate and neuroprotection. *J Clin Neurosci.* 2002;**9**(5):508-514. 4. Roberts D, Easter D, O'Bryan-Tear G. Epilim® Chrono: a multidose, crossover comparison of two formulations of valproate in healthy volunteers. *Biopharm Drug Dispos.* 1996;**17**:175-182.

For full prescribing information refer to the professional information approved by the Regulatory Authority.

**S3 Convulex® 150/300/500 (Tablets)** COMPOSITION: Each tablet contains 150/300/500 mg valproic acid respectively. Registration Numbers: R/2.5/218; R/2.5/219; W/2.5/20

**S3 Convulex® Syrup.** COMPOSITION: One ml contains 50 mg sodium valproate. Registration Number: W/2.5/390

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